



**Anne Ancelin Schützenberger**  
**International School of**  
**Psychogenealogy and Transgenerational Therapy**

**LIGHTS AND SHADOWS OF OUR ANCESTORS**

**TRANSGENERATIONAL WORKSHOP (ONLINE)**

The next international workshop in Psychogenealogy and Transgenerational Therapy, “**Lights and Shadows of our Ancestors**”, with **Leandra Perrotta** and **Manuela Maciel**, will be held on **16<sup>th</sup> - 17<sup>th</sup> May 2026**.

Family legacies have a profound impact on the formation of emotional symptoms and can lead to repetitive patterns of behaviour, such as “anniversary syndrome” or “invisible loyalty,” which are unconsciously passed down through generations. Future generations often preserve these loyalties by accommodating dysfunctional family patterns and re-enacting similar life scripts as a way of addressing unresolved trauma and unfinished business within the family system.

This workshop provides a unique opportunity for both personal exploration and professional development in a safe and supportive environment. Participants will engage with foundational theories while gaining a deeper understanding of Transgenerational Methods through experiential learning. Key clinical tools and techniques demonstrated during the workshop will include the Genosociogram, Transgenerational Psychodrama, and other expressive methods designed to uncover and transform intergenerational patterns.

The Transgenerational Therapy Workshop is recognized as part of the CPTT training but is also open to anyone seeking to explore transgenerational issues for personal growth or professional practice. Whether you are a therapist, facilitator, or someone curious about the influence of family legacies, this workshop offers a rich space to reflect, heal, and grow.

**TRAINING IN TRANSGENERATIONAL THERAPY**

This workshop is part of the requirements for certification as **PRACTITIONER IN PSYCHOGENEALOGY AND TRANSGENERATIONAL THERAPY (CPTT)** at the Anne Ancelin Schützenberger International School of Transgenerational Therapy.

**WORKSHOP SCHEDULE:**

Saturday and Sunday 28<sup>th</sup> – 29<sup>th</sup> March 2026: 13:00 - 16.15 & 17:15 - 20:15 Central European Time.

**LANGUAGE:** English will be the main language used in the workshop. Language is a cooperative effort and translation will co-creatively offered with help from the group.

**FEE:** Price of the Workshop:

Early Bird registration until 7<sup>th</sup> April 2026: €330

Late Bird registration after 7<sup>th</sup> April 2026: €370

To confirm your registration in the workshop, please fill out the application form. You will receive an invoice for Transgenerational Therapy. After receiving the invoice, please send a bank transfer with your name and invoice number in subject of the bank transfer.



**Anne Ancelin Schützenberger**  
**International School of Transgenerational Therapy**

**Anne Ancelin Schützenberger**  
**(France)**



**Founder of the Anne Ancelin Schützenberger**  
**International School of Transgenerational**  
**Therapy**

Anne developed the main concepts of Psychogenealogy and her clinical and academic experience is focused on Transgenerational Transmission. She is one of the main pioneers in the field of transgenerational therapy. Anne is Professor Emeritus at the University of Nice, France. She was trained in psychodrama by J. L. Moreno and by Jim Ennis in the United States; in group-dynamics and psycho-sociology with Kurt Lewin's group, Leon Festinger and Ronald Lippitt. Anne has over 40 years of experience as a therapist and analyst and is a well-respected authority, particularly in the field of Group Psychotherapy and Psychodrama. Anne trained, conducted groups and lectured in psychogenealogy, psychodrama, nonverbal-communication, group-psychotherapy until her death in 2018 at 99 years old.

**Manuela Maciel**  
**(Portugal)**



**Trainer and Supervisor at the Anne Ancelin Schützenberger**  
**International School of Transgenerational**  
**Therapy**

Manuela is a Clinical and Social Psychologist, and Psychodrama Director for 30 years. She is experienced individual, group and educational therapist. She was the Chairperson of the Psychodrama Section of the IAGP - *International Association of Group Psychotherapy and Group Processes* (2003-2009). Member of the board, supervisor and teacher in the Portuguese Psychodrama Society (SPP). Manuela was trained in Psychogenealogy by Anne Schützenberger and has additional training in cognitive-behavioral therapy and EMDR. She was Co-Founder and President of EMDR Portugal and Founder and Consultant of International Sociodrama Conference (2007-2018). She edited books and articles in Psychodrama, Sociodrama and Transgenerational Therapy. She is co-author of the Portuguese Book "Repetimos o que Não Reparamos: Guia de Psicogenealogia e Terapia Transgeracional", Editora Albatroz, 2025.

**Leandra Perrotta**  
(Italy/Australia)



**Trainer and Supervisor at the Anne Ancelin  
Schützenberger  
International School of Transgenerational  
Therapy**

Leandra is an Italo-Australian Clinical Psychologist, Psychotherapist, Psychodrama Trainer, Dance Movement Therapy Trainer and Transgenerational Therapy Trainer, living in Norway. She is a Trainer and Supervisor at the *Anne Ancelin Schützenberger International School of Transgenerational Therapy*, and a teacher at IPAP - *Post graduate Institute of Analytical Psychology and Jungian Psychodrama*. She is former President of FEPTO - *Federation of European Psychodrama Training Organization*. Her professional interests include Dreams, Psychogenealogy, Sexuality, and Trauma. Some of her published writings include: “Reconnecting with Ancestral Roots: Transgenerational Psychodrama in Brazil” in *Public Psychodrama in Contemporary Times*, Agora, 2016; “Transgenerational Echoes of Violence: Jungian psychodrama as a Path to Individuation” in *Daphne and the Centaurs – Overcoming Gender based Violence*, Barbara Budrich Publishers, 2013.

**Yaacov Naor**  
(Israel)



**Trainer and Supervisor at the Anne Ancelin Schützenberger  
International School of Transgenerational Therapy**

Yaacov is a Certified Psychotherapist and Trainer in Psychodrama, Group Psychotherapy and Expressive Arts Therapy. He is an expert on Transgenerational Transmission of Trauma. Yaacov is a founding member and served on the council of FEPTO - *Federation of European Psychodrama Training Organizations* and Past Chair of the IAGP - *International Association of Group Psychotherapy and Group Processes*. Yaacov died in 2018.