



**Anne Ancelin Schützenberger International School**  
**of Psychogenealogy and Transgenerational Therapy SiPT**

**CPTT Certification Programme**  
**Practitioner in Psychogenealogy and Transgenerational Therapy**

Dear friends and colleagues,

We are delighted to announce a new edition of the CPTT Certification Programme for Practitioners in Psychogenealogy and Transgenerational Therapy.

The programme offers in-depth learning and evidence-based strategies that can be applied immediately in your practice. It integrates a clear theoretical framework with an experiential format delivered across six weekend modules. The learning environment is designed to support personal exploration and professional development in a safe and supportive setting.

**Contents of the CPTT Training**

The programme includes:

- Conceptual framework and applications of psychogenealogy
- Genosociogram construction and analysis
- Trauma-sensitive theory and treatment of transgenerational trauma
- Collective trauma and resilience
- Post-traumatic growth and resources
- Transgenerational psychodrama: classic, incognito, and internal methods
- Transgenerational sociodrama
- Transgenerational dance movement therapy
- Body-based interventions
- Dreamwork and imaginal techniques
- Symbolic and projective materials, including playmobil, objects, and masks
- Healing rituals and expressive arts
- Group psychotherapy and group process
- Individual and group supervision of transgenerational cases
- Ethical principles and professional standards

**CPTT Certification**

CPTT Certification is awarded to candidates who have completed:

- Participation in six weekend training modules
- Participation in the workshop *Lights and Shadows of our Ancestors*
- Demonstrated knowledge and competencies in psychogenealogical and transgenerational methods, tools, and techniques
- Peer intervention
- Supervision
- Documented transgenerational work with clients
- Submission of a final paper

Participants who meet the CPTT programme requirements will be awarded a certificate aligned with their professional background.

- Clinicians (licensed mental health professionals) who complete all programme requirements will receive the certificate: Certified Practitioner in Psychogenealogy and Transgenerational Therapy (CPTT).
- Non-clinicians who complete all programme requirements will receive the certificate: Certified Practitioner in Psychogenealogy and Transgenerational Processes (CPTT).

CPTT certification recognises your competence to apply these approaches within the scope of your professional licence and local regulations. It does not in itself confer a professional licence.

### **Benefits of CPTT Certification**

- Visibility in the International Directory of Certified Practitioners; your photo, contact information, and short bio will be published on the School website: [www.psychogenealogy.org](http://www.psychogenealogy.org)
- Inclusion in an international network of transgenerational therapists and allied professionals.
- Opportunities for continuing education and supervision.
- Access to advanced training and eligibility for selection as a Certified Trainer or Supervisor recognized by the School.

### **Admission to the CPTT**

CPTT training is open to practitioners in fields where psychogenealogy and transgenerational therapy are relevant. Previous or ongoing personal psychotherapy is required for all applicants.

**Application:** please complete the attached Application Form and email it to [psychogenealogy@gmail.com](mailto:psychogenealogy@gmail.com).

## **CPTT Training Schedule**

All training days run from 13:00 to 20:00 Central European time (CET/CEST), with a one-hour break, unless otherwise stated.

## **CPTT Dates of the training**

- Workshop *Lights and Shadows of our Ancestors*, online, 28 to 29 March 2026.
- Module 1, hybrid (in person in Carcavelos, Portugal, or online), 10 to 12 October 2026
- Module 2, online, 30 to 31 January 2027 - Saturday 13:00-20:00 CET and Sunday 13:00-16:00 CET
- Module 3, online, 13 to 14 March 2027
- Module 4, online, 8 to 9 May 2027 - Saturday 13:00-20:00 CET and Sunday 13:00-16:00 CET
- Module 5, online, 3 to 4 July 2027
- Module 6, online, 18 to 19 September 2027

Training dates are subject to change to avoid overlap with major professional conferences, including FEPTO Annual Meeting and Conference.

## **CPTT Certification Process**

The program amounts to a total of 195 training hours towards the CPTT certificate and it includes participation in the training modules and workshop (98 hours), Transgenerational Work with clients, including preparation and reflection (40 hours), Supervision (3 hours), Intervision (40 hours), and preparation of final paper (14 hours).

- Participation in small Intervision groups to practice and discuss transgenerational methods and techniques for at least 40 hours. Intervision may be done on Zoom. Practicing with like-minded individuals in a safe and caring small group provides a sturdy pillar of support for your professional development.
- Participation in a closed and private WhatsApp group to foster a sense of community and to serve as a guidepost on your transgenerational journey. Active participation will help integrate your practice in the context of your personal and professional life.
- Transgenerational Work with clients, including preparation and reflection, for at least 40 hours.
- Individual supervision with one of the School Supervisors for at least 3 sessions of 50 minutes to discuss your transgenerational work in preparation for the final

paper. Supervision can be done on Zoom. A list of supervisors will be provided by the School. 3 sessions of individual Supervision are included in the tuition fee.

- Preparation (14 hours) and submission of a final paper presenting a case study (15 pages long), and a Genosociogram.
- Attendance at the Workshop *Lights and Shadows of our Ancestors* is a mandatory requirement for the CPTT Programme. It may be taken either before or after the CPTT Programme.
- Demonstration of knowledge and competence in Transgenerational Therapy tools and techniques.

CPTT students should be in the process of their own personal psychotherapy or should have undergone at least 100 hours of individual or group psychotherapy.

### **Required Attendance**

Required attendance for certification is at least 85% of the teaching modules. You are required to attend a minimum of 10 training days out of 12 in order to be certified, and participate in the workshop *Lights and Shadows of our Ancestors*.

### **Required and recommended reading**

A list of required and recommended readings will be provided upon enrolment.

### **Recording of training sessions**

Recordings of all teaching sessions will take place and will be available for students. Recordings are subject to confidentiality.

### **Venue and travel**

Accommodation and travel to Portugal for the first module are not included in the tuition fee.

Module 1 will be held at **Carcavelos Beach Hotel**, Carcavelos, a short walk from the beach.

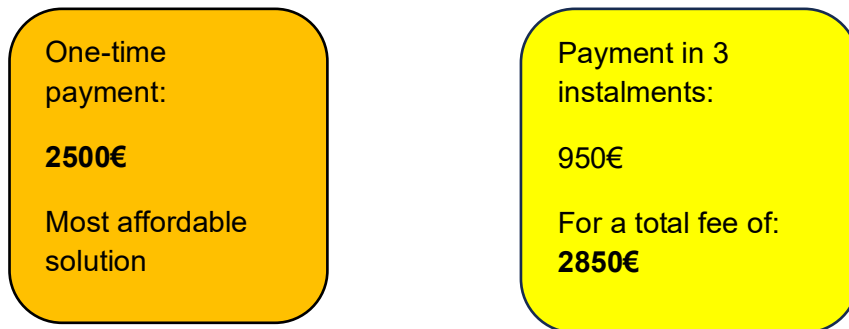
**Address:** R. Gurué 16, 2775-581 Carcavelos, Portugal.

A range of nearby accommodation is available, including hotels and apartments. We recommend booking early, as availability can be limited. The nearest airport to Carcavelos is Lisbon (LIS), about 30 minutes away; Carcavelos is also accessible by suburban train from Cais do Sodré or by taxi or Uber.

## Tuition fee

The tuition fee covers six training modules and three hours of individual supervision. Payment for the workshop Lights and Shadows of our Ancestors is not included and is paid separately. Travel, accommodation, and meals are not included.

The tuition fee is payable in 2 different solutions:



### One-time payment

A single payment of EUR 2.500 is due upon registration. Enrolment in the CPTT Certification Programme closes 30 days prior to the start of the first module. Places are limited, and registrations are accepted in the order that payments are received.

### Three-instalment plan

1. EUR 950 due upon registration (no later than 30 days prior to the start of the first module).
2. EUR 950 due no later than 15 days prior to the start of module two.
3. EUR 950 due no later than 15 days prior to the start of module four.

Registration and continued participation in the programme are contingent on payments being made by the stated deadlines.

## Application and Payment procedure

Please complete the attached registration form. If your application is approved, you will receive an invoice by email from Face 2 Face Management for the tuition fee. To secure your place, pay the invoice by bank transfer within seven days of acceptance.

The full amount must be received, and participants are responsible for any bank charges. Please include the invoice number and your surname in the payment reference.

## **Cancellation and withdrawal policy**

By registering for the training organised by the Anne Ancelin Schützenberger International School of Psychogenealogy and Transgenerational Therapy SiPT, you agree to the following in case of cancellation and withdrawal:

1. **61 days or more** before the start date of module 1: 75 percent of the total fee is refunded.
2. **30 to 60 days** before the start date: 50 percent is refunded.
3. **1 to 29 days** before the start date, or after the programme has begun: no refund.

Refunds exclude bank charges.

With love and light,

**Leandra and Manuela**



**Anne Ancelin Schützenberger International School**  
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**Founder**

**Anne Ancelin Schützenberger International School**  
**of Psychogenealogy and Transgenerational Therapy**

**Anne Ancelin Schützenberger (France)** developed the main concepts of Psychogenealogy and was a pioneer in the clinical and academic field of Transgenerational therapy. Anne was Professor Emeritus at the University of Nice, France. She was trained in psychodrama by JL Moreno and by Jim Ennis in the United States; in group-dynamics and psycho-sociology with Kurt Lewin's group, Leon Festinger and Ronald Lippitt. Anne had over 40 years of experience as a therapist and analyst and was a well-respected authority, particularly in the field of Group Psychotherapy and Psychodrama. Anne trained, conducted groups and lectured in psychogenealogy, psychodrama, non-verbal communication, group psychotherapy until her death at 99 years old.



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**Manuela Maciel (Portugal)** is a Clinical and Social Psychologist, and Psychodrama Director for 30 years. She is an experienced individual, group and educational therapist. She was the Chairperson of the Psychodrama Section of the IAGP - *International Association of Group Psychotherapy and Group Processes* (2003-2009). Member of the board, supervisor and teacher in the Portuguese Psychodrama Society (SPP). Manuela was trained in Psychogenealogy by Anne Schützenberger and has additional training in cognitive-behavioral therapy and EMDR. She was Founder and President of EMDR Portugal and Founder and Consultant of International Sociodrama Conference (2007-2018). Manuela and Leandra published the book *Repetimos o que não Reparamos* (We Repeat what we don't Repair), Albatroz, 2025. Manuela has also edited books and articles in Psychodrama, Sociodrama and Transgenerational Therapy, and she wrote the Preface of the Portuguese Edition *Le Plaisir de Vivre*, Editora Sinais de Fogo, 2008.



### Founder

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**Leandra Perrotta (Italy/Australia)** is a Clinical Psychologist, Specialist in Psychotherapy, and Trainer and Supervisor of Dance Movement Therapy and Jungian Psychodrama, living in Norway. She is a Teacher at the post-graduate institute IPAP - *Psychotherapy Institute of Analytical Psychology and Jungian Psychotherapy* in Italy, and Trainer and Supervisor at the *Mediterranean Association of Psychodrama* in Italy, and *Moreno Huset* in Norway. She is Past President of FEPTO - *Federation of European Psychodrama Training Organizations*. Manuela and Leandra published the book *Repetimos o que não Reparamos* (We Repeat what we don't Repair), Albatroz, 2025. Leandra has published several articles on Psychogenealogy, such as: «Clarifying patterns of invisible loyalty Transgenerational Psychodrama and Dance Movement Therapy, in *Zeitschrift for Psychodrama und Soziometrie*, Springer», 2022; «Reconnecting with Ancestral Roots: Transgenerational Psychodrama in Brazil» in *Public Psychodrama in Contemporary Time*, Agora, 2016; «Transgenerational Echoes of Violence: Jungian psychodrama as a Path to Individuation» in *Daphne and the Centaurs - Overcoming Gender based Violence*, Barbara Budrich Publishers, 2013; Preface to the Italian edition of *Plaisir de Vivre*, Anne Ancelin Schützenberger, Di Renzo Editore, 2010; Introduction to the Italian edition of *Psychogénéalogie*, Anne Ancelin Schützenberger, Di Renzo Editore, 2011.



### Founder

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**Yaacov Naor (Israel)** (MA, CAGS, TEP) Certified Therapist, Trainer and Supervisor in Psychodrama, Group Psychotherapy and Expressive Arts Therapy. An expert on Transgenerational Transmission of Trauma. Founding member and first president of the Israeli Association of Psychodrama. Since 1986 he has been leading special psychodrama groups for second and third generation Holocaust survivors together with young Germans and between Palestinians and Israelis. Founding Member of FEPTO. Served on the board of IAGP- the International Association of Group Psychotherapy and Group Processes as Chair of the Psychodrama Section.