



## **Anne Ancelin Schützenberger International School of Transgenerational Therapy**

### **Training in Psychogenealogy and Transgenerational Therapy**

The Training program in Psychogenealogy and Transgenerational Therapy is open to psychologists, psychotherapists, mental health professionals as well as all those interested in personal and professional transgenerational work, to pursue the:

#### **Certificate of Practitioner in Psychogenealogy and Transgenerational Therapy (CPTT)**

International certification from the Anne Ancelin Schützenberger International School of Transgenerational Therapy includes leading-edge theory, practice, supervision and supervision. The teaching modules provide in-depth insight and the most effective, evidence-based strategies which can be immediately implemented in your professional practice. This comprehensive training program with its theoretical framework and experiential format is presented in weekend modules.

The training program is designed to give an opportunity for personal exploration and professional development in a safe and supportive environment. The Training, held by Manuela Maciel and Leandra Perrotta, will demonstrate the original psychogenealogical approach created by the Founder of the School, Prof. Anne Ancelin Schützenberger, as well as a multi-disciplinary approach to transgenerational therapy. Participants will have the opportunity of both experiencing and practicing Transgenerational therapy tools and techniques.

The initiation of this special school grew out of the need to cultivate and continue Prof. Anne Ancelin Schützenberger's unique psychogenealogical approach to psychotherapy. In 2014, Anne Ancelin Schützenberger, Manuela Maciel, Leandra Perrotta and Yaacov Naor came together in London to create this joint international effort. We realized this growing field required a training process for professionals to achieve a focused understanding and knowledge to gain expertise in dealing with positive legacies as well as transgenerational trauma and its personal, social and historical consequences.

Family legacies play a direct role in the formation of emotional symptoms and can cause repetitive patterns of behaviour such as the "anniversary syndrome" or "invisible loyalty" which are repeated from one generation to the next. Future generations preserve their loyalty and deal with unfinished business by accommodating to dysfunctional patterns in the family of origin and re-enacting similar life scripts.

The topics addressed in our training range from the conceptual framework of Psychogenealogy, to the latest theory on trauma, resilience and post-traumatic growth. Other

Transgenerational topics covered are the practice of healing rituals, One-to-one Psychodrama, Group Psychodrama, Psychodrama on the Table, Sociodrama, Sociometry, Dream work, as well as Expressive and Body Therapeutic methods and techniques. Clinical tools and techniques, taught during the training, include the theory and practice of the Genosociogram, the Transgenerational Atom, Incognito Auxiliaries and other expressive tools.

### **Criteria for entering the Certification Process in Psychogenealogy and Transgenerational Therapy**

The CPTT program is open to accredited psychologists, psychotherapists, psychiatrists and mental health professionals. Candidates who do not possess these qualifications, but have comparable international qualifications, equivalent clinical experience, or experiential training, can apply to the Anne Ancelin Schützenberger International School of Transgenerational Therapy for an entry requirements waiver.

If you are interested in joining the training please fill up the attached application form and send it to: [psychogenealogy@gmail.com](mailto:psychogenealogy@gmail.com)

The Certificate of Practitioner in Psychogenealogy and Transgenerational Therapy (CPTT) is awarded to those who have mastered core skills and competencies in Psychogenealogy and Transgenerational Therapy. The CPTT certifies the knowledge of Psychogenealogy and Transgenerational Therapy and the application of methods, tools and techniques within one's professional scope of practice and competence.

### **Benefits of Certification**

In the course of CPTT Certification, you will gain:

- Personal awareness and transformation
- Professional recognition
- Clinical expertise
- Inclusion in an international network of Transgenerational therapists and like-minded professionals
- Opportunities for continuing education and supervision
- Visibility on the International Directory of Certified Practitioners. Your contact information and bios will be published on the School Website: [www.psychogenealogy.org](http://www.psychogenealogy.org)

### **Certification Process**

- Submission of application for registration. Application questions can be found on the last page of this document. It should be sent to [psychogenealogy@gmail.com](mailto:psychogenealogy@gmail.com)
- Participation in a Transgenerational Workshop with Manuela Maciel or Leandra Perrotta.

- Participation in the first two-day module online on the **11<sup>th</sup> - 12<sup>th</sup> February 2023**
- Participation in the second two-day module online on the **22<sup>nd</sup> - 23<sup>rd</sup> April 2023**
- Participation in the third two-day module online on **10<sup>th</sup> - 11<sup>th</sup> June 2023**
- Participation in the fourth two-day module online on the **9<sup>th</sup> - 10<sup>th</sup> September 2023**
- Participation in the fifth two-day module online on the **4<sup>th</sup> - 5<sup>th</sup> November 2023**
- Participation in the sixth and final two-day module online on the **27<sup>th</sup> - 28<sup>th</sup> January 2024**
- Participation in small Intervision groups to practice and discuss transgenerational work for at least 40 hours. Intervision may be done on Zoom. Practicing with like-minded individuals in a safe and caring small group provides a sturdy pillar of support for your professional development.
- Participation in a closed and private Facebook group with the whole group to foster a sense of community and to serve as a guidepost on your transgenerational journey. Active participation will help integrate your practice in the context of your personal and professional life.
- Practical Transgenerational Therapy Work for the final paper (at least 24 hours).
- Supervision with one of the School Supervisors for at least five sessions to discuss your practical transgenerational work in preparation for the final paper. Supervision can be done on Zoom. A list of supervisors will be provided by the School. Sessions last for 50 minutes.
- Submission of a final paper presenting a case history (between 10 and 15 pages long), a Genosociogram, and a theoretical framework of Transgenerational Therapy.

### **Requirements For Certification**

The program amounts to a total of **165** training hours towards the certificate and it includes the following: Transgenerational Therapy Workshop (12 hours), First Module (14 hours), Second Module (14 hours), Third Module (14 hours), Fourth Module (14 hours), Fifth Module (14 hours), Sixth Module, (14 hours), Practical Transgenerational Therapy Work (24 hours), Supervision (5 hours) and Intervision (40 hours).

Certification will take place upon completion of 165 training hours and presentation of a final written paper presenting a case history, as well as demonstration of knowledge and competence in Transgenerational Therapy tools and techniques.

### **Attendance**

Required attendance for certification is 85% of the teaching modules. You are required to attend a minimum of 10 days out of 12 in order to be certified.

Recordings of theoretical sessions will take place and will be available for consultation by the students. No recording of experiential work will take place due to confidentiality.

## **Tuition Fees**

### **Total Tuition fees**

Early bird fee on total payment: 2.000€ plus 23% VAT

Late bird fee on total payment: 2.300€ plus 23% VAT

### **VAT**

23% VAT is mandatory in Portugal on invoices for Teaching/Training.

No VAT is required on invoices for Supervision or Transgenerational Psychotherapy.

Registration in the training will be confirmed upon payment of the Tuition fee.

### **Payment available in 3 instalments**

1) 40% Tuition fee due upon registration:

A. Early Bird fee received by 1<sup>st</sup> November 2022: 800€ plus 23% VAT

B. Late Bird fee received after 2<sup>nd</sup> November 2022: 1100€ plus 23% VAT

2) 30% Tuition fee due by 1<sup>st</sup> March 2023: 600€ plus 23% VAT

3) 30% Tuition fee due by 1<sup>st</sup> July 2023: 600€ plus 23% VAT

### **Workshop**

The Transgenerational Workshop is not comprised in the Tuition fee and is to be paid separately.

### **Supervision**

Supervision: 5 hours of Supervision. 90€ per session (for a total of 450€). Supervision is not included in the Tuition fee and is to be paid directly to the supervisor. A list of supervisors of Transgenerational Therapy will be provided by the school.

### **Payment procedure**

Payment can be made by bank transfer to the School or by credit card through platforms such as Wise. Transfer fees are usually lower when paying with Wise.

Tuition fees must be received in the exact amount. Please make sure you pay for any extra fees relating to the bank or credit card transfer. Please contact us for the exact wording to be used in the object of the bank or credit card transfer.

Payment should be made out to:

### **Anne Ancelin Schutzenberger International School**

Bank Millenium BCP, Portugal

IBAN: PT50 0033 0000 4556 2756 9690 5

BIC/SWIFT: BCOMPTP

Address: Rua do Guadiana, 76

2785-319

Parede, Portugal

Mail: maciel.manuela@gmail.com

## **Cancellation policy**

By registering for the training organised by the Anne Ancelin Schützenberger International School of Transgenerational Therapy you agree to the following Cancellation policy:

1. If you cancel more than 61 calendar days before the start of the scheduled training, 75% of the full amount will be refunded.
2. If you cancel between 30 and 60 calendar days before the scheduled training, 50% of the full amount will be refunded.
3. If you cancel between 1 and 29 calendar days before the start of the training, no refund will be possible.

### **Founders, Trainers and Supervisors of the Anne Ancelin Schützenberger International School of Transgenerational Therapy**



**Founder**  
**Anne Ancelin Schützenberger**  
**International School**  
**of Transgenerational Therapy**

**Anne Ancelin Schützenberger (France)** developed the main concepts of Psychogenealogy and was a pioneer in the clinical and academic field of Transgenerational therapy. Anne was Professor Emeritus at the University of Nice, France. She was trained in psychodrama by J. L. Moreno and by Jim Ennis in the United States; in group-dynamics and psycho-sociology with Kurt Lewin's group, Leon Festinger and Ronald Lippitt. Anne had over 40 years of experience as a therapist and analyst and was a well-respected authority, particularly in the field of Group Psychotherapy and Psychodrama. Anne trained, conducted groups and lectured in psychogenealogy, psychodrama, non-verbal communication, group-psychotherapy until her death at 99 years old.



**Founder**  
**Trainer and Supervisor**  
**Anne Ancelin Schützenberger**  
**International School**  
**of Transgenerational Therapy**

**Manuela Maciel (Portugal)** is a Clinical and Social Psychologist, and Psychodrama Director for 30 years. She is experienced individual, group and educational therapist. She was the Chairperson of the Psychodrama Section of the IAGP - *International Association of Group Psychotherapy and Group Processes* (2003-2009). Member of the board, supervisor and teacher in the Portuguese Psychodrama Society (SPP). Manuela was trained in

Psychogenealogy by Anne Schützenberger and has additional training in cognitive-behavioral therapy and EMDR. She was Founder and President of EMDR Portugal and Founder and Consultant of International Sociodrama Conference (2007-2018). She edited books and articles in Psychodrama, Sociodrama and Transgenerational Therapy. She wrote the Preface of the Portuguese Edition *Le Plaisir de Vivre*, Editora Sinais de Fogo, 2008.



**Founder  
Trainer and Supervisor  
Anne Ancelin Schützenberger  
International School  
of Transgenerational Therapy**

**Leandra Perrotta (Italy/Australia)** is a Clinical Psychologist, Psychotherapist, and Trainer of Dance Movement Therapy and Jungian Psychodrama, living in Norway. She is a Teacher at IPAP - *Psychotherapy Institute of Analytical Psychology and Jungian Psychodrama* in Italy and trainer and Supervisor at the Mediterranean Association of Psychodrama. She is Past President of FEPTO - *Federation of European Psychodrama Training Organizations*. Some of her published works on Psychogenealogy are: «Transgenerational Echoes of Violence: Jungian psychodrama as a Path to Individuation» in *Daphne and the Centaurs - Overcoming Gender based Violence*, Barbara Budrich Publishers, 2013; Preface to the Italian edition of *Plaisir de Vivre*, Anne Ancelin Schützenberger, Di Renzo Editore, 2010; Introduction to the Italian edition of *Psychogénéalogie*, Anne Ancelin Schützenberger, Di Renzo Editore, 2011; «Reconnecting with Ancestral Roots: Transgenerational Psychodrama in Brazil» in *Public Psychodrama in Contemporary Times*, Agora, 2016, «Clarifying patterns of invisible loyalty Transgenerational psychodrama and dance movement therapy, in *Zeitschrift für Psychodrama und Soziometrie*, Springer», 2022.